

Join the Plastic Less July Challenge 2021!

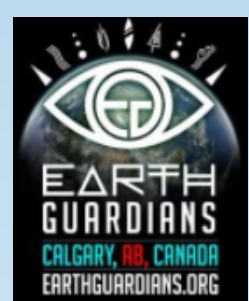
Hosted by Lives With Less Plastic with help from Earth Guardians YYC

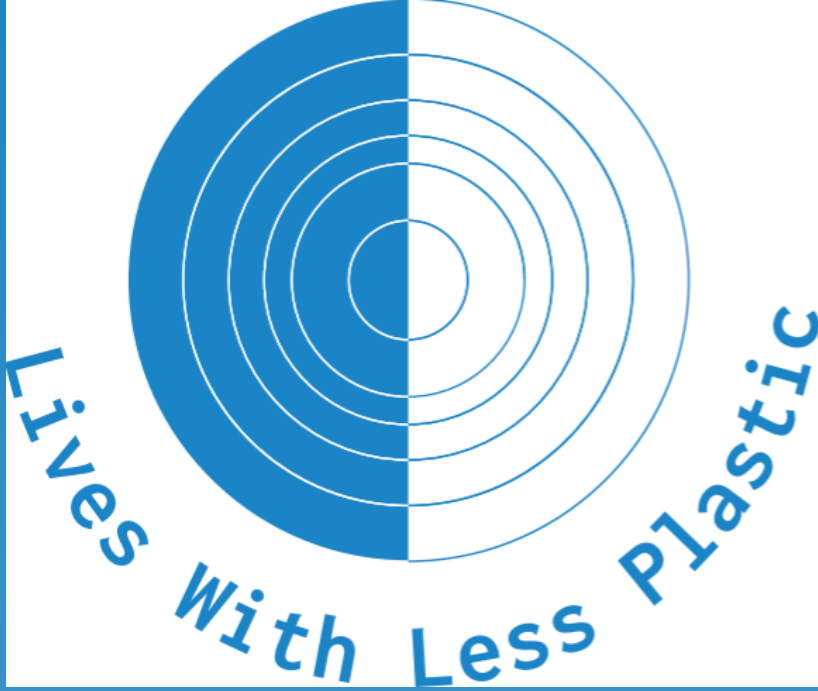
Go to a Farmers Market	Carpool or Bike to Work/School	Shop Locally When Grocery Shopping	Tag or Challenge a Friend to Join	Upcycle and repair things instead of replacing them
Consume Consciously: About What You Are Buying	Make a Meal at Home	Pick up garbage by your house	Always Bring a Reusable Bag With You	Switch to a Reusable Mask
Wear Second Hand Clothing or Upcycle	Bring A Reusable Water Bottle With You	FREE SPACE	Review your Cities Waste Management Plan	Go One Day Without Single Use Plastic
Make a Chive Straw or use a Reusable One	Rinse out your Recyclables	Find a Petition Online That Supports The Environment	Go One Day Without Driving	Pack your Lunch in a Reusable Container
Go Meatless for a Day	Buy things in Bulk	Make your own coffee or drink at home	Make a "waste free" meal	Follow Lives with Less Plastic and Earth Guardians YYC on Instagram

By doing even one of these, **you've helped the planet.**

Don't stop now!

Every little change contributes to a big impact and difference!





Instructions

Simply:



- Through the month of July complete each of the bingo card challenges!

- As you are completing them, add a picture of you doing the task! (do this by screenshotting the bingo then adding in your pictures)

- Share your progress through social media and tag us to be featured!

- Once you have completed all of the tasks and have pictures make sure to share it with us to be entered in the giveaway!

To be entered in the environmental gift basket giveaway, blackout the bingo card and have pictures in the bingo card!* Tag one of Lives With Less Plastic's social media accounts to be entered!

*If a spot doesn't need a picture just cross it off!

You can share and tag us on any of...

Lives With Less Plastic

Earth Guardians YYC

*Main sharing platform

IG- earthguardians_yyc

IG- liveswith_lessplastic

FB- earthguardiansyyc

FB- liveswithlessplastic

TW- LWLPlastic

